The Third Sunday in Lent
March 15, 2020 – 10:30 am
Sung Eucharist

No matter who you are or where you are in your spiritual journey, you are welcome here.

To ground and prepare yourself for worship this morning, please enter the space in silence. The service will begin with the sounding of the bell.

Prelude Voluntary in E minor: I. Slow
John James (d. 1745)

A Penitential Order

All stand at the sound of the bell.

Chant, Bless the Lord, my soul (in procession)
Taizé Community

Bless the Lord, my soul, and bless God’s holy Name.

Bless the Lord, my soul, who leads me into life.

Acclamation, Penitential Order, and Confession of Sin

Presider Blessed be the God of our salvation.
People Who bears our burdens and forgives our sins.
Presider Jesus said, “The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these.”—Mark 12:29–31

Ass. Min. Let us confess our sins, and the sins of our society, in the misuse of God’s creation.

All may remain standing or kneel.
After a moment of silence, the Assisting Minister continues:

God our Creator,

in your mercy, forgive us and help us.

We are sorry for the times when we have used your gifts carelessly, and acted ungratefully.

We enjoy the fruits of the harvest, but sometimes forget that you have given them to us.

We belong to a people who are full and satisfied, but ignore the cry of the hungry.

We are thoughtless, and do not care enough for the world you have made.

We store up goods for ourselves alone, as if there were no God and no heaven.

In your mercy, forgive us and help us to see the whole world as your beloved creation,

and to walk the path of love shown in the life of Jesus, your Son. Amen.

Presider

Almighty God, our heavenly Father, who in great mercy has promised forgiveness of sins to all those who with heartfelt repentance and true faith turn to the path of new life: Have mercy on you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

Song of Praise, Trisagion

Alexander Archangelsky (1856–1924)

Sung three times by all, with “Holy God” intoned by a cantor the first time only:

The Collect of the Day

Presider

May God be with you.

People

And also with you.

Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Liturgy of the Word

A Reading from the Book of Exodus — Exodus 17:1–7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?”

after the Lesson:

Lector

Hear what the Spirit is saying to God’s people.

People

Thanks be to God.

At the Gradual, Canticle, led by the Angel Band, The First Song of Isaiah (Ecce, Deus)

Surely it is God who saves me; I shall trust and have no fear.

For the Lord defends and shields me and his saving help is near.

So rejoice as you draw water from salvation’s healing spring;

In the day of your deliverance thank the Lord, his mercies sing.
A Reading from the Letter to the Romans — Romans 5:1–11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

after the Lesson:

Lector
Hear what the Spirit is saying to God's people.

People
Thanks be to God.

Gospel Acclamation

The acclamation is sung by a cantor and repeated by all:

Praise to you, Lord Jesus Christ, King of endless glory!

The cantor sings the verse appointed for the day:

Lord, you are truly the Savior of the world, give me living water that I may never thirst again. —John 4:42,15

The acclamation is sung twice more by all, the second time with an added harmony.

The Holy Gospel — John 4:5–42

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who
told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

_after the Gospel:_

**Gospeller**  The Gospel of the Lord.

**People**  Praise to you, Lord Christ.

Children join the procession downstairs to the Chapel of the Holy Nativity for Children's Chapel, returning at the time of The Peace.

The Rev. Phil Brochard, Rector

*A silence for reflection follows the sermon.*

The Sermon

**The Nicene Creed**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father, through him all things were made.

For us and for our salvation

he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

**Asst. Min.** Let us pray for the Church and for the world.

**Intercessor** Grant, Almighty God, as we fast from gathering, that all may yet live together in your love, bestow blessing on our neighbors, seek reverence in worship, and reveal your glory in the world. (Silence.)

Lord, in your mercy

**Hear our prayer.**

Inspire our leaders, including Donald, our President, and all our elected leaders, to act with compassion and in the interests of the most vulnerable. (Silence.)

Lord, in your mercy

**Hear our prayer.**

Help Michael, our Presiding Bishop, Marc our Bishop, and all the ministers of your church to be advocates and allies to all who are in need. (Silence.)

Lord, in your mercy

**Hear our prayer.**
Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good, shielding the most vulnerable among us with every breath and every step. *(Silence.)*

Lord, in your mercy  
**Hear our prayer.**

Bless this time of Sabbath, stillness, and fasting to be for us a Holy Lent, that we may do it not for self alone, but for the common good. As we learn more and more that all we do affects, for good or ill, all other lives: bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. *(Silence.)*

Lord, in your mercy  
**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit, especially Terese Delgado Crisostomo, Ron Sullivan, Gaile Nirvana Nunez, Mara Alexander, Bill Blackmer, Lana Haddad, Erin Horne, Dorothy Hargrove, Vicki Varghese, John Austin, Becca Penn and Tom Glass, Alan Schur, Sheila Van Konynenburg, Cathy Majestic, Alvin Adderly, Elizabeth West, Phil Holbert and Family, Marla, Katherine Crawford, LaMar Bencent, Marcy McGowin, Bryan Miller, Gaile Nirvana Nunez, and all those impacted by the Coronavirus; those at risk of losing health, or work, or home; the disabled, the elders, and the poor; and all who are anxious, lonely, and afraid; give us courage and hope in our troubles, and bring us the joy of your salvation. *(Silence.)*

Lord, in your mercy  
**Hear our prayer.**

We commend to your mercy all who have died, especially Clem Papazian, Robert Brooks, Shirley Waldum, Lewis DeForest Brown, David Matt Green, Ruby Berger, Gordon Laverty, and Ernesto Cardenal, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. *(Silence.)*

Lord, in your mercy  
**Hear our prayer.**

Presider  
Lord Jesus Christ, you said to your apostles, “Peace I give to you; my own peace I leave with you:” In this time when we cannot offer each other the sign of peace, with clasped hands give to us the knowledge we are loved and the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

Welcome and Announcements

Thanksgiving of the Community

At this time, as we gather for the Great Thanksgiving around Christ’s table, we invite any here this morning to come forward to offer public thanks for the movement of God’s Spirit in your own life: thanks for a birthday, an anniversary, a new job, an unexpected act of compassion, or other grace-filled change in your life.

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*Thank you, Lord; Thank you, Lord; Thank you, Lord.*

**THE LITURGY OF THE TABLE**

An offering is collected during the music in support of the work of All Souls Parish in our community and in the wider world.

Presider  
If you are offering your gift at the altar, and there remember that your sister or brother has something against you, leave your gift there before the altar and go; first be reconciled to your sister or brother, and then come and offer your gift. —Matthew 5:23, 24

At the Offertory, *Hymn*, sung by the Angel Band, *Guide me, O thou great Jehovah*  

*Guide me, O thou great Jehovah, pilgrim through this barren land;  
I am weak, but thou art mighty; hold me with thy powerful hand.*

Traditional, arr. Jamie Apgar (b. 1986)
Bread of heaven, feed me now and evermore.
Open now the crystal fountain, whence the healing stream doth flow.
Let the fire and cloudy pillar lead me all my journey through.
Strong deliverer, be thou still my strength and shield.
When I tread the verge of Jordan, bid my anxious fears subside.
Death of death, and hell’s destruction, land me safe on Canaan’s side.
Songs of praises I will ever give to thee.
—William Williams (1717–1791); tr. Peter Williams (1722–1796), alt.

The Great Thanksgiving (The Eucharistic Prayer is from the Anglican Church of Southern Africa)

Presider  The Lord be with you.
People  And also with you.

Lift up your hearts,
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give him thanks and praise.

Presider  Almighty God, good Father to us all, your face is ever turned towards your world. In love you created us in your own image, yet in disobedience we continue to distort that image. In love you gave us Jesus your Son to rescue us from sin and death, yet in disobedience we continue to try to earn our salvation. In love you poured out your Spirit to empower a community of faith, yet in disobedience we continue to live selfishly in our own strength. Into the darkness, Jesus came as your light. With signs of faith and words of hope he touched untouchables with love and washed the guilty clean.

He accepted the way of the cross,

People  That we might know the way of salvation.

Father of all, we give you thanks for every gift that comes from heaven. We do not always understand them, we do not always accept them, we cannot always appreciate them. As we stand at the foot of the cross today, we can only wonder at the depth of your love, and bow down and worship, in union with all the hosts of heaven, praising you with their unending song:

All  Holy, holy, holy Lord, God of power and might:
Heaven and earth are full of your glory. Hosanna in the highest.
Blessed is the One who comes in the Name of the Lord.
Hosanna in the highest.

Presider  The crowds came out to see your Son, yet at the end they turned on him. In Gethsemane he asked that you might take this cup from him, yet willingly he surrendered to your will for our sake.

He accepted the way of the cross,

People  That we might know the way of salvation.

On the night that he was betrayed he came to table with his friends to celebrate the freedom of your people. Jesus blessed you, Father, for the food; he took bread, gave thanks, broke it and said: “This is my body, given for you all.” Jesus then gave thanks for the wine; he took the cup, gave it and said: “This is my blood, shed for you all for the forgiveness of sins. Do this in remembrance of me.”

He accepted the way of the cross,

People  That we might know the way of salvation.

Therefore, Father, with this bread and this cup we celebrate the cross on which he died to set us free. Defying death he rose again and is alive with you to intercede for us and for all the world. Send your Spirit on us now that by these gifts we may feed on Christ with eyes wide open and hearts on fire.

He accepted the way of the cross,

People  That we might know the way of salvation.

May we and all who share this food offer ourselves to live for you and be welcomed at your feast in heaven where all creation worships you, Father, Son and Holy Spirit, now and for ever. Amen.

The Lord’s Prayer

Presider  As our Savior Christ has taught us, we now pray:

All  Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the Kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread
After the Presider breaks the bread for us to share, a moment of prayerful silence is kept.

Presider We adore you, O Christ, and we bless you:
People Because by your holy Cross you have redeemed the world.

THE COMMUNION OF THE PEOPLE
All who seek Christ are welcome at God's Table.

An usher will invite the congregation row by row to the Table.

We celebrate the Eucharist with two kinds of bread: a wheat bread, and a bread without most common allergens (gluten-free friendly).

Full ingredients lists are posted in the Narthex. Please ask the minister when the bread comes to you.

Receive the bread in your hands, and guide the cup to your mouth when the wine is offered.

Non-alcoholic grape juice is offered in a chalice to the left of the altar.

If you do not wish to receive Communion, you are welcome to come forward for a blessing.

The Laying On of Hands for Healing is offered during Communion in the back corner courtyard side.

Music at Communion

Motet, sung by the Choir, Sicut cervus  
Sicut cervus desiderat ad fontes aquarum, ita desiderat anima mea ad te, Deus.  
As the deer longs for springs of water, so longs my soul for you, God. —Psalm 42:1

Chant, De noche iremos  
De noche iremos, de noche que para encontrar la fuente,

sólo la sed nos alumbrá; sólo la sed nos alumbrá.

By night, we hasten, in darkness, to search for living water, only our thirst leads us onward.

Post-Communion Prayer

Presider Let us pray.  All stand.

God of all,

All we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.

Sending forth the Lay Eucharistic Ministers (as needed)

Presider N., in the name of this parish family, I send you bearing these holy gifts to ____.
Together we share in the body and blood of Christ.
Together we share in the body and blood of Christ.

People Though we are many, we are one body because we all share one bread and one cup.

The Prayer Over the People

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. Amen.

Hymn 142, Lord, who throughout these forty days (in procession)  
St. Flavian

1 Lord, who through-out these for - ty days for us didst fast and pray,
teach us with thee to mourn our sins, and close by thee to stay.
O give us strength in thee to fight, in thee to con - quer sin.
to die to self, and chief - ly live by thy most ho - ly word.
yea, ev - er - more, in life and death, Je - sus! with us a - bide.
an Eas - ter of un - end - ing joy we may at - tain at last!

Dismissal

Asst. Min. In our Maker, we can always place our trust.
People Thanks be to God!

Postlude Voluntary in E minor: II. Fast  
John James (d. 1745)
**WELCOME TO THE SEASON OF LENT AT ALL SOULS**

We’re glad you are here. If you have a background in liturgical worship, things will probably feel familiar. If this type of service is new to you, we hope you are able to relax and let the congregation carry you. You’ll find everything you need to participate in today’s service in this bulletin. If you’d like to know more about this parish and get the chance to chat with someone, please fill out a pew card and drop it in the offering plate or on the table next to the Guest Book in the Welcome Area (in front of the sound booth). If you have questions about how to connect, get involved, or become a member, you can always reach out to Phil, phil@allsoulsparish.org or our Associate for Ministry Development, Emily Hansen Curran, emily@allsoulsparish.org. Lent is a season of reflection and penitence, and we hope that the events on this sheet will provide you with opportunities to dive deeper. Wherever you are, you are welcome here.

**HAPPENING TODAY...**

**CHILDREN’S CHAPEL** meets on Sundays during the 9am and 11:15am services, after the reading of the Gospel, children (K-3) are invited to join the procession downstairs to the Chapel of the Nativity for Children’s Chapel. While upstairs in church the sermon, the Nicene Creed, the Prayers of the People, and the Confession are happening, the children engage in parallel activities of their own in Children’s Chapel—where movement, noise, and questions are expected and encouraged as a matter of course. Children’s Chapel is led by a team of rotating Leaders and Shepherds who plan activities using the same structure of setting the sacred space by lighting a candle, opening with prayer, leading a homily activity, inviting children into prayer. The children return upstairs to the church today at the time of the Peace.

**NURSERY CARE** is available downstairs from 8:30a to 1p every Sunday. Feel free to drop your kids off at any point during any of the services on Sundays. Check with an usher if you need assistance finding the room!

**ADULT BIBLE STUDY** Reading Between the Lines: lectionary-based Bible study meets in the Common Room Sundays after the 7:30 am service, between the 9 & 11:15 service (in the Chapel), and again on Thursdays at 11 am in the Common Room. On-going class; drop-in, occasional attendees welcome!

**ADULT FORMATION CLASS** Today in the Parish Hall, The Rev. Dr. Ruth Meyers, Dr. Scott MacDougall, and The Rev. Phil Brochard will teach a class called “Sacrificial Reflections”, in which we will think together about the very troubled and troubling topic of sacrifice in the Christian tradition. Grab some coffee in the Narthex and then head over to the Parish Hall between the 9 & 11:15 services for class. All are invited and welcome!

**CALENDAR OF EVENTS**

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<th>the THIRD SUNDAY OF LENT</th>
<th>March 15, 2020</th>
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<tr>
<td>7:30a</td>
<td>Holy Eucharist (Said Service in Chapel)</td>
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<tr>
<td>8:30a</td>
<td>Coffee and Fellowship (outside Chapel)</td>
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<td>8:45a</td>
<td>Lectionary Bible Study (Common Room)</td>
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<td>9a</td>
<td>Choral Eucharist <strong>with</strong> Children’s Chapel (Nave)</td>
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<tr>
<td>10:15a</td>
<td>Coffee and Fellowship (Narthex)</td>
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<td>8:30a-1p</td>
<td>Child care (Nursery)</td>
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<tr>
<td>10:15a</td>
<td>Adult Formation Hour (Parish Hall)</td>
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<tr>
<td>10:15a</td>
<td>Reading Between the Lines Bible Study (Chapel)</td>
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<td>10:15a</td>
<td>Children &amp; Family Snack &amp; Stories (Common Room)</td>
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<tr>
<td>10:45a</td>
<td>Youth Hangout (Emily’s office)</td>
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<tr>
<td>11:15a</td>
<td>Choral Eucharist <strong>with</strong> Children’s Chapel (Nave)</td>
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<tr>
<td>12:15a</td>
<td>Coffee and Fellowship (Narthex)</td>
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<td>2p</td>
<td>Kyakameena Service (Berkeley SNF)</td>
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<td>5p</td>
<td>EFM (Common Room)</td>
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<td>7p</td>
<td>Catechumenate (Common Room)</td>
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For a complete list of building usage and events, please see the parish calendar on the website: allsoulsparish.org

**THIS WEEK (MARCH 16-21):**

- **MONDAY**
  - Centering Prayer, 7:30p (Chapel)
- **TUESDAY**
  - Parish Staff Meeting, 10-12p (Rector’s Office)
- **WEDNESDAY**
  - Holy Eucharist, 9a (Chapel)
  - Women’s AA, 6p (Parish Hall)
  - Choir/Angel Band Rehearsal, 6:15p (Nave)
  - LGBTQ AA, 6:30p (Chapel)
  - Vestry, 7:30p (Common Room)
- **THURSDAY**
  - Healing Eucharist, 12p (Chapel)
  - Lectionary Bible Study, 11a (Common Room)
  - Lunch Bunch, 12:45-1:30p (Parish Hall)
- **FRIDAY** ~ PARISH OFFICES CLOSED ~
  - AA, 6:30p (Common Room)
- **SATURDAY**
  - Sacristan Team Prep, 9:30-11a (Nave & Chapel)
  - AL-ANON, 11a (Parish Hall)
LIVING WATERS CAPITAL CAMPAIGN NEWS If you are unable to attend Soup & Story this year, we encourage you to attend one of several small-group gatherings for our Living Waters campaign listed below. These meetings will offer fellowship and information, with time for dialogue and questions. Each session will be no more than two hours and will include coffee, tea, and dessert. No financial commitments will be asked for or received at these gatherings. Signups are available in the back of the Church and by mail/phone invitation. Contact Cathy Thompson for more information. See the back table for all available dates and times!

ADULT FORMATION CLASS This Lent, head to the Parish Hall during Formation Hour (between the 9 & 11:15 services) for a class called Sacrificial Reflections. In this course, we will think together about the very troubled and troubling topic of sacrifice in the Christian tradition. The first session, “Reflecting on Sacrifice” will examine some of the ways that Christians have imagined sacrifice, biblically and theologically. The second, “Reflections of Sacrifice,” will center on what it might mean to be living reflections of a healthy, life-giving view of sacrifice in the Christian context. In the third session we’ll turn our attention to the eucharist and explore ways in which our celebrations are related to sacrifice. And the fourth we’ll tie it all together. This class will meet March 1, 8, 15, and 22 and will be taught by Dr. Scott MacDougall, The Rev. Dr. Ruth Meyers, and The Rev. Phil Brochard.

CLIMATE JUSTICE All are welcome to join the All Souls’ Care for Creation team (Paloma Pavel & Lewis Maldonado) to plan the Adult Forum Series this spring. Thursdays, 7pm, March 12, 19 & 26 in the Parish Hall.

20s/30s SMALL GROUP A group of 20s/30s-ish folks are meeting on Thursdays this Lent to break bread together in each other’s homes and explore different prayer practices. Expect tasty, dietary restriction-friendly potluck, equally attractive non-alcoholic beverages, and real talk about church, prayer, and our shared life together in 21st century Bay Area. For more information please contact Anna Gustafson, anna.c.gus@gmail.com.

ALL SOULS BLOOD DRIVE On June 13th we will host our very own blood drive! But first, to secure our date, the Red Cross needs to determine that All Souls can have at least 30 donors on that date to give blood. This Sunday, a member of our team, clipboard in hand, will be at all three services so you can sign up to either give blood or volunteer to help with the drive on June 13.

KYAKAMEENA All Souls Parish ministers to the residents at Kayakameena skilled nursing facility the afternoon of the third Sunday of each month (TODAY!). We make church together, conducting a simple service offering communion to anyone who would like to receive it. Kayakameena is nearby, on Carleton Street in Berkeley, and our important work there takes less than an hour each month. If you are interested in joining the team, please see Julie Holcomb, julie@julieholcombprinters.com for more information.

FORUM ON RELIGION AND ECOLOGY Friday, March 20 at CIIS in San Francisco there will be a day-long forum on Indigenous Lifeways, Cosmologies, and Ecology. See the CIIS website for more information. Cost ranges from $75-100. All are welcome!

WAYS TO CONNECT

SAVE THE DATE

<table>
<thead>
<tr>
<th>Date</th>
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<tr>
<td>Children &amp; Family Snack &amp; Stories</td>
<td>Sunday mornings in Lent</td>
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<tr>
<td>Holy Week, April 5-11</td>
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<td>Easter Sunday, April 12</td>
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<td>Big Sur Camping Trip, July 17-19</td>
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CHILDREN’S FORMATION is taking a different form in Lent. It will be Family Formation called “Snacks + Stories, and we’ll meet downstairs in the Common Room at 10:10 - 11:10am. This program will include time for parents and kids to hear a story together, and then spend some time in two groups (adults and kids) to discuss the story. The parents will also have some time to discuss a weekly practice of prayer that they can use with their family the following week (and of course some snacks are included!). All children from infants to 5th grade are invited. If you have any questions, please email Whitney Wilson at whitneywilsonwc@gmail.com.

MEALS AND RIDES Are the daily logistics of life getting to be too much right now? Or would you like to offer help to your fellow All Soulsians? If you need a ride or a meal, there are people who would love to help! All Souls Meals and Rides ministry volunteers provide simple but critical care to fellow parishioners on a very flexible schedule. For those serving, the commitment is up to you—when and how your schedule allows—providing a meal (homemade or purchased), or transportation for a parishioner during times of trial, hardship, or the first weeks of parenthood. For more information about serving, or to request meals or rides, please contact Erin Horne at allsoulshelp@gmail.com.

YOUTH Hang out in Emily’s office today during Formation Hour. Next Youth Group is March 29th at 6:30p! Anyone grades 6-12 are considered Youth. See Emily for more info, emily@allsoulsparish.org.

PARISH VESTRY 2020

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<tr>
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PARISH STAFF parish offices are closed on Fridays.

Clergy on Call: 510-848-1755 x8

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<td>Scott Garriott, Sexton</td>
<td><a href="mailto:garriottscott@yahoo.com">garriottscott@yahoo.com</a>  510-861-9486</td>
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Participating Today

10:30 SERVICE

Presiding & Preaching
The Rev. Phil Brochard

Assisting
The Rev. Dr. Ruth Meyers

Lay Liturgical Assistant
Nancy Pryer

Intercessor
Toni Martinez Borgfeldt

Lector
David Gutfeld

Musicians
All Souls Choir and Angel Band
Dr. Jamie Appgar, organist, pianist, and choir director
Ed Hofmann, Angel Band leader
Sarita Cannon, soprano
Justin Smith, trumpet