# ALL SOULS EPISCOPAL PARISH 2220 Cedar Street, Berkeley California



# The Fourth Sunday in Lent March 14, 2021~11:15 am SUNG EUCHARIST

No matter who you are or where you are in your spiritual journey, you are welcome here.

Those of us participating in the livestream at the church are observing the physical distance and mask-wearing guidelines required by our diocese. These practices have been created in consultation with local public health officials. Given the nature of this pandemic, these practices may be changing from week to week as the situation develops.

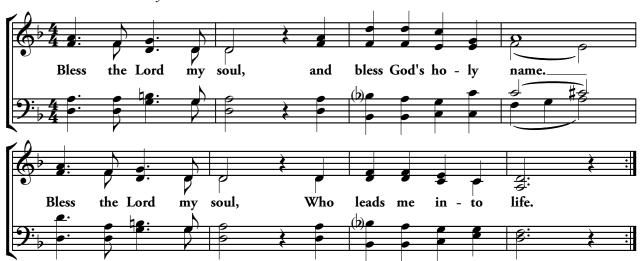
Prelude A sad pavan for these distracted times

Thomas Tomkins (1572–1656)

# A Penitential Order

Chant Bless the Lord, my soul

Taizé Community



## Acclamation, Penitential Anthem, and Confession of Sin

Presider Blessed be the God of our salvation.

People Who bears our burdens and forgives our sins.

Presider Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord

your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." —Mark 12:29–31

Asst. Min. Let us confess our sins, and the sins of our society, in the misuse of God's creation.

After a moment of silence, the Assisting Minister continues:

God our Creator,

All in your mercy, forgive us and help us.

We are sorry for the times when we have used your gifts carelessly, and acted ungratefully.

We enjoy the fruits of the harvest, but sometimes forget that you have given them to us.

We belong to a people who are full and satisfied, but ignore the cry of the hungry.

We are thoughtless, and do not care enough for the world you have made.

We store up goods for ourselves alone, as if there were no God and no heaven.

In your mercy, forgive us and help us to see the whole world as your beloved creation,

and to walk the path of love shown in the life of Jesus, your Son. Amen.

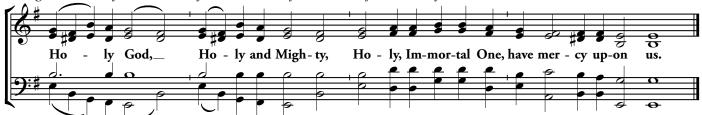
Presider

Almighty God, our heavenly Father, who in great mercy has promised forgiveness of sins to all those who with heartfelt repentance and true faith turn to the path of new life: Have mercy on you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.** 

## Song of Praise, Trisagion

Alexander Archangelsky (1856–1924)

Sung three times by all, with "Holy God" intoned by a cantor the first time only:



## The Collect of the Day

Presider May God be with you.

People And also with you.

Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.** 

#### THE LITURGY OF THE WORD

#### A Reading from the Book of Numbers—Numbers 21:4–9

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

after the Lesson:

*Lector* Hear what the Spirit is saying to God's people.

People Thanks be to God.

At the Gradual, Psalm 107:1-3, 17-22

Plainsong, Tone IV



Cantor

We give you thanks, O God, for / you are good,

All

your mercy / endures for ever.

Let all those whom you / have redeemed proclaim that you redeemed them from / the hand of the foe.

You gathered them out / of the lands;
from the east and from the west, from / the north and from the south.

Some were fools and took to re/bellious ways;
they were afflicted / because of their sins.

They abhorred all man/ner of food
and drew / near to death's door.

Then they cried to you / in their trouble,
and you deliv/ered them from their distress.

You sent forth your / word and healed them
and / saved them from the grave.

Let them give thanks to you / for your mercy
and the wonders you / do for your children.

Let them offer a sacrifice / of thanksgiving
and tell of / your acts with shouts of joy.

### A Reading from the Letter of Paul to the Ephesians— Ephesians 2:1–10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

after the Lesson:

*Lector* Hear what the Spirit is saying to God's people.

People Thanks be to God.

# **Gospel Acclamation**

Acclamation: Aus der Tiefe, adapt. Jamie Apgar (b. 1986) Verse: Plainsong, Tone I

The acclamation is sung by a cantor and repeated by all:



The cantor sings the verse appointed for the day:

I am the living bread which came down from heaven; anyone who eats of this bread will live for ever. —John 6:51

All repeat the acclamation.

## The Holy Gospel — John 3:14–21

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

#### People Glory to you, Lord Christ.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

after the Gospel:

Gospeller The Gospel of the Lord.
People Praise to you, Lord Christ.

#### The Sermon

The Rev. Maggie Foote, Associate Rector

#### The Nicene Creed

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father,

God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father, through him all things were made.

For us and for our salvation

he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father,

who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

#### The Prayers of the People

Asst. Min. Let us pray for the Church and for the world.

Intercessor Grant, Merciful God, that no small gesture in Your name will go to waste, as we seek to practice

kindness and repentance in this season of Lent. (Silence)

Lord, in your mercy

## All Hear our prayer.

Walk with Michael, our Presiding Bishop, Marc our Bishop, and all ministers, that they might be directed toward your will. (Silence)

Lord, in your mercy

#### Hear our prayer.

Guide the leaders and people of this nation, and of all the nations, in the ways of justice and peace; that we may honor the dignity of all people and work together for justice. (Silence)

Lord, in your mercy

## Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may protect it and use its resources wisely. (Silence)

Lord, in your mercy

# Hear our prayer.

Help us recognize that all lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. (Silence)

Lord, in your mercy

#### Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit, especially Andrea Thomas, Mr. Hilton, the Willoughby family, Dr. Frank Pavel, George P., Rein Saral, the Johnston Family, Amanda Randles, James Reager, Phil Holbert, Dorothy Gates, Dick Jackson, Emmanuel Thomas Reed, Gaile Nirvana Nuñez, Annie Boutelle, Ron Sullivan, and Mara Alexander. Give them courage and hope, and remind them of joy even in the midst of pain. (Silence)

Lord, in your mercy

## Hear our prayer.

We commend to your mercy all who have died, especially Alvis Ward, Rachel Ward, Gwen Gaynor, Evelyn Scott, Jane Weidman, Marlene Julian, John Lee, Sophie Willoughby, and Michael Downing; that they may rest in your love, with all your saints in your eternal kingdom. (Silence)

Lord, in your mercy

#### Hear our prayer.

Lord, in your mercy

#### Hear our prayer.

Presider Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your

people, and strengthen us to do your will; through Jesus Christ our Lord. Amen.

The Peace

Presider May the peace of Christ be always with you.

People And also with you.

Please take a moment in prayer to extend Christ's peace to the people in your life.

#### Welcome and Announcements

## Thanksgiving of the Community

Thank you, Lord;

At this time, as we gather for the Great Thanksgiving around Christ's table, we invite any here this morning to share thanks (via the comments section on the livestream) for the movement of God's Spirit in your own life: thanks for a birthday, an anniversary, a new job, an unexpected act of compassion, or other grace-filled change in your life.



Thank you, Lord. We just want to thank you, Lord. THE LITURGY OF THE TABLE

An offering is collected during the music in support of the work of All Souls Parish in our community and in the wider world.

Presider

If you are offering your gift at the altar, and there remember that your sister or brother has something against you, leave your gift there before the altar and go; first be reconciled to your sister or brother, and then come and offer your gift. —Matthew 5:23, 24

# At the Offertory, Hymn, Guide me, O thou great Jehovah

Traditional, arr. Jamie Apgar (b. 1986)

Guide me, O thou great Jehovah, pilgrim through this barren land;

I am weak, but thou art mighty; hold me with thy powerful hand.

Bread of heaven, feed me now and evermore.

Open now the crystal fountain, whence the healing stream doth flow.

Let the fire and cloudy pillar lead me all my journey through.

Strong deliverer, be thou still my strength and shield.

When I tread the verge of Jordan, bid my anxious fears subside.

Death of death, and hell's destruction, land me safe on Canaan's side.

Songs of praises I will ever give to thee.

-William Williams (1717-1791); tr. Peter Williams (1722-1796), alt.

## The Great Thanksgiving (The Eucharistic Prayer is from the Anglican Church of Southern Africa)

Presider May God be with you.

**People** And also with you. Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Presider

Loving God, good Father to us all, your face is ever turned towards your world. In love you created us in your own image, yet in disobedience we continue to distort that image. In love you gave us Jesus your Son to rescue us from sin and death, yet in disobedience we continue to try to earn our salvation. In love you poured out your Spirit to empower a community of faith, yet in disobedience we continue to live selfishly in our own strength. Into the darkness, Jesus came as your light. With signs of faith and words of hope he touched untouchables with love and washed the guilty clean.

He accepted the way of the cross,

#### People That we might know the way of salvation.

Mother of all, we give you thanks for every gift that comes from heaven. We do not always understand them, we do not always accept them, we cannot always appreciate them. As we stand at the foot of the cross today, we can only wonder at the depth of your love, and bow down and worship, in union with all the hosts of heaven, praising you with their unending song:

#### All Holy, holy, holy Lord, God of power and might:

Heaven and earth are full of your glory. Hosanna in the highest.

Blessed is the One who comes in the Name of the Lord.

Hosanna in the highest.

Presider

The crowds came out to see your Son, yet at the end they turned on him. In Gethsemane he asked that you might take this cup from him, yet willingly he surrendered to your will for our sake.

He accepted the way of the cross,

People

That we might know the way of salvation.

On the night that he was betrayed he came to table with his friends to celebrate the freedom of your people. Jesus blessed you, Creator, for the food; he took bread, gave thanks, broke it and said: "This is my body, given for you all." Jesus then gave thanks for the wine; he took the cup, gave it and said: "This is my blood, shed for you all for the forgiveness of sins. Do this in remembrance of me."

He accepted the way of the cross,

People

That we might know the way of salvation.

Therefore, with this bread and this cup we celebrate the cross on which Jesus died to set us free. Defying death he rose again and is alive with you to intercede for us and for all the world. Send your Spirit now on us and on these gifts that we may feed on Christ with eyes wide open and hearts on fire.

He accepted the way of the cross,

People

That we might know the way of salvation.

May we and all who share this food offer ourselves to live for you and be welcomed at your feast in heaven where all creation worships you, Lover, Beloved, and Love itself, now and for ever. **Amen.** 

## The Lord's Prayer

Presider As our Savior Christ has taught us, we now pray:

All

Our Father in heaven, hallowed be your Name,

your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

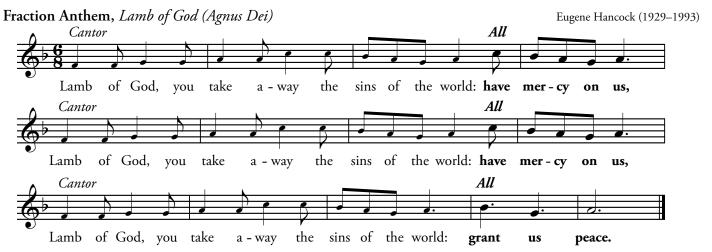
Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the Kingdom, the power, and the glory are yours, now and for ever. Amen.

# The Breaking of the Bread

After the Presider breaks the bread, a moment of prayerful silence is kept. We then sing:



# THE COMMUNION OF THE PEOPLE

Since the celebration of Resurrection on that first Sunday, Christians have been remembering Christ's presence in bread and wine. We will be keeping this practice week by week with different members of All Souls receiving for the community.

For centuries the Church has also come to trust in the presence of Christ with us even when we cannot partake in the bread and wine, what is often known as spiritual communion. As the bread and wine are being shared at the altar at All Souls, we invite you to pray this prayer and ask Christ to be present with you.

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I offer you praise and thanksgiving. Since I cannot receive you this day in the Sacrament of your Body and Blood, I ask you to be present spiritually in my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Adapted from A Prayer Book for the Armed Services 2008, page 147

# At Communion, We shall walk through the valley in peace

Spiritual, arr. Undine Smith Moore (1904-1989)

Sung by members of the Choir:

Lord, we shall walk in peace.

We shall walk through the valley in peace. If Jesus himself shall be our leader, we shall walk through the valley in peace. There will be no trials there. If Jesus himself shall be our leader, we shall walk through the valley in peace. Lord, we shall walk in peace.

#### Post-Communion Prayer

Presider Let us pray. All stand.

God of all,

All we give you thanks and praise,

that when we were still far off

you met us in your Son and brought us home.

Dying and living, he declared your love,

gave us grace, and opened the gate of glory.

May we who share Christ's body live his risen life;

we who drink his cup bring life to others;

we whom the Spirit lights give light to the world.

Keep us firm in the hope you have set before us, so we and all your children shall be free,

and the whole earth live to praise your name;

through Christ our Lord. Amen.

## The Prayer Over the People

Look mercifully on this our family, Almighty God, that by your great goodness we may be governed and preserved evermore; through Christ our Lord. **Amen.** 



#### Dismissal

Asst. Min. Our God is merciful: go in search of their justice.

People Thanks be to God!

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# Participating Today

# 11:15 SERVICE

Presiding The Rev. Phil Brochard Preaching Assisting The Rev. Maggie Foote The Rev. Will Bryant Lectors Sarita Cannon, Ben Madison InteressorToni Martinez Borgfeldt

Camera Jim Feeley

Emily Hansen Curran SoundDigital Liaison Calvin Payne-Taylor

Dr. Jamie Apgar, cantor, organist and pianist Sarita Cannon, soprano Musicians

Deirdre Nurre, alto

Ed Hofmann, Angel Band leader